ONLINE TRAINING UPDATE

The following Training Videos *have been added to* the Risk Management on-line training site.

Type: Ergonomics

Name: Take 5 for Health & Safety

Description: This five-part series covers sitting, standing, stretching, ergonomics, and lifting. Using a unique "talk show" format, each segment focuses on the individual topics so employees are able to give their full attention. After each segment, there are

creative commercials to drive home the key points of injury

prevention.

Type: Ergonomics

Name: Back in Step: The Road to Recovery From Back Pain

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"Back in Step" is the most comprehensive back pain/injury recovery program available. It is uniquely designed to be viewed by people with a full-blown back injury or those simply experiencing back pain or discomfort (a huge percentage of the population). This program teaches people their role in the recovery process and how to perform daily activities in a way that promotes the recovery of their backs.

Type: Ergonomics

Name: A Bit About Backs

Description: Motivational...Entertaining...Effective...is how viewers describe

this award-winning video program. "A Bit About Backs". This three-module program breaks the mold of traditional educational approaches to back care by presenting serious information in an entertaining style. The information conveyed effectively teaches problem-solving skills, while high energy, humor and creative visuals keep the viewer's attention and

motivate change.

Type: Human Resources

Name: Bloodborne Pathogens Training For Employees

Description: Many workers make the mistake of thinking that only

healthcare providers are at risk from exposure to bloodborne pathogens, but almost all employees in the workforce can be exposed, often when they least expect it. To protect themselves from these microorganisms, employees must receive training and learn specific precautions, which is the purpose of this new program. Viewers will learn the hazards associated with bloodborne pathogens and how to protect themselves from exposure to these hazards by following universal precautions in each and every potential exposure situation. Topics include diseases caused by bloodborne pathogens, the exposure control plan, routes of entry, universal precautions, handling & disposal of contaminated items, responding to exposure situations,

decontaminating work areas and equipment.

The following Training Videos *have been removed* from the Risk Management on-line training site.

Type: Discount Program Requirements (Training)

Name: Principles of Office Ergonomics

Description: Working Ergonomically In The Office" shows employees how to recognize ergonomic problems in an office environment, potential adverse effects "bad ergonomics" can have and practical solutions they themselves can use to help deal with

ergonomic problems in the office.

Type: Human Resources

Name: Bloodborne Pathogens

Description: Shows an employee receiving a post-exposure evaluation at an occupational clinic and is filled with compelling arguments for the importance of taking proper precautionary measures against exposure. Defines bloodborne pathogens, transmission methods, HIV, HBV and methods of protection, universal precautions and other PPE, as well as, proper cleaning techniques.